



CANADIAN RED CROSS FIRST AID & CPR CERTIFICATION

For those who were unable to attend the last session...here is your chance!!!

Learn to save a life this year. This course is an Emergency First Aid & Level C CPR (Adult, Child, Infant). All Emergency First Aid and CPR skills will be shown and performed. Topics include: how to respond to a crisis situation, understanding the body and its systems, airway, breathing & cardiovascular emergencies. You will be guided step by step in an interactive learning environment.

These life saving skills may help you save yourself or a loved one's life. Questions are always encouraged. Learning and having fun are mandatory!

When: *SUNDAY, May 16, 2010*
(one day only)

Time: *10 am to 4 pm Full course.*
1pm to 4 pm CPR only.

Where: *Hong Kong-Harbour Room*

Costs: *First Aid & CPR (Level C) - \$80;*
CPR (Level C) - \$50